

Cambridge University Hospitals **NHS** NHS Foundation Trust

# Haemolytic transfusion reactions with no cause?

# Keep calm and carry on

#### Katherine Philpott



Innovation and excellence in health and care

Addenbrooke's Hospital I Rosie Hospital

#### Haemolytic transfusion reactions

- Haemolytic transfusion reactions are either acute or delayed
  Acute reactions
  - intravascular involve complement binding antibodies
  - occur within 24 hrs of transfusion
  - dyspnoea, chest pain, fever, chills, ↓BP
  - Delayed reactions
    - extravascular
    - occur over 24hrs after transfusion
    - unexplained fall in Hb, dark urine



# Haemolytic transfusion reactions

- Confirmed by:
  - fall in Hb or failure of increment
  - rise in bilirubin
  - haemoglobinuria
  - positive direct antiglobulin test (DAT)
  - positive crossmatch which was not detected pretransfusion
  - spherocytes on blood film





#### Case 1

- 36 year old Indian lady
- 2 weeks post miscarriage (3<sup>rd</sup> in 2 yrs)
- 2 units of blood were given at time of miscarriage
- Admitted to A&E with Hb 7.8 complaining of severe headaches and high temperature
- Infection?
- Hb continued to fall to 6.8 with no apparent bleeding
- 2 units of blood requested
- G&S O Positive, NAD
- 2 units O Pos, K neg issued



#### The reaction

- First unit given uneventfully
- 2<sup>nd</sup> unit stopped after 1hr
  - Pyrexic
    - temperature had risen to 38.1°C (from 36.6°C)
  - Hypotensive
    - BP fell to 120/65 (from 120/90)
  - Tachycardic
  - Vomiting
  - Went on to develop acute kidney injury and was hospitalised for 12 days





### The investigation





#### Innovation and excellence in health and care



## The investigation

- Post transfusion results:
- Septic screen was negative
- Group: O Positive
- DAT: 1+ IgG & C3d positive (not MF)
- Screen: negative
- IAT & enzyme IAT panel, LISS-tube panel: NAD
- Eluate: NAD
- Sample sent to RCI, Colindale



## **RCI** investigation

- No atypical antibodies were detected by:
  - IAT (Diamed & Biovue)
  - LISS-tube IAT
  - Papain IAT
  - Manual polybrene
  - 2 stage LISS-IAT
- Returned units did not grow any microorganisms
- Sample was sent to H&I, Colindale & IBGRL



#### **H&I** investigation

• HLA antibodies were detected:

- HLA-B44, B45, B57 & B58
- No evidence that these HLA specific antibodies contribute to HTR
- HLA-A2 antibodies were also detected
  - Tentative link between HLA (Bg) antibodies and shortened red cell survival in some patients
    - Takeuchi, C. *et al*, 2005. Delayed and acute hemolytic transfusion reactions resulting from red cell antibodies and red cell-reactive HLA antibodies. *Transfusion*, 45(12):1925-9



# HLA/Bg antigens

- Expressed on immature red cells but most disappear as red cells mature
- Some HLA antigens persist and are known as Bg antigens
- HLA-A28 corresponds to Bg<sup>c</sup> antigen
- HLA-A28 cross-reacts with HLA-A2
- 49% of the population are HLA-A2 antigen positive
- Generally antibodies to these antigens do not cause HTRs
  - Exception to every rule!



# Hyperhemolysis syndrome

- Well described in sickle cell disease sometimes without development of red cell antibodies
- Rarely reported in non-SCD patients (often those with other haemoglobinopathies)

	Normal range	Pre-tx (18.04.12)	Pre-tx (28.04.12)	Post-tx (30.04.12)
Hb	11.5-16g/dl	8.2	6.8	5.9
Bilirubin	0-17umol/l	7	11	252
LDH	81-224U/L	-	184	2248
Retics	20-120x10 <sup>9</sup> /I	-	98	35

• Fever, pain, and hemoglobinuria within 10 days of a previous transfusion

Innovation and excellence in health and care



#### **Future transfusions**

- Transfusion should be/have been avoided
- If transfusions are required, use of IVIg and steroids should be considered as cover
  - IVIg has been associated with renal toxicity, thrombosis and stroke



#### Case 2

- 45 year old Caucasian male
- Admitted to oncology ward following 3 unit transfusion
- Clinical symptoms were suggestive of an acute HTR (rigors, tachycardia, hypertension & hypoxia, bright red urine)
- Post-transfusion group:

Red cell	reactions	s with:		Plasma reaction	s with:
Anti-A	Anti-B	Anti-D	Control	A <sub>1</sub> cells	B cells
MF	0	4+	0	0	0.5+

• Pre-transfusion results the same

Innovation and excellence in health and care



## Investigation

- Antibody screen pre = negative, post = weakly positive
- DAT: 2+ C3d positive (1+ pre-transfusion)
- IAT, Enzyme IAT and Eluate:

Instructions for use can be found at http://www.blood.co.uk/hospitals/diagnostic_services/reagents/index.asp#Pro												enanco															
	Rh	С	D	Е	с	е	Cw	М	N	s	s	P1	Lu <sup>a</sup>	к	k	Kp <sup>a</sup>	Le <sup>a</sup>	Le <sup>b</sup>	Fy <sup>a</sup>	Fy <sup>b</sup>	Jka	Jkb	Other	*	SX	هي	we l
1	$R_1^W R_1$	+	+	0	0	+	+	0	+	0	+	0	0	0	+	0	0	+	0	+	0	+		0	0	0	0
2	R <sub>1</sub> R <sub>1</sub>	+	+	0	0	+	0	+	+	+	0	2	0	+	+	0	+	0	+	0	+	0		0	0	0	0
3	R <sub>2</sub> R <sub>2</sub>	0	+	+	+	0	0	0	+	0	+	0	0	0	+	0	+	0	+	0	0	+		0	0	0	zt
4	r'r	+	0	0	+	+	0	+	0	+	0	3	0	0	+	0	+	0	+	0	+	0		0	0	0	0
5	r''r	0	0	+	+	+	0	+	0	+	0	2	0	0	+	0	0	+	0	+	+	0		0	0	0	,+
6	rr	0	0	0	+	+	0	+	0	0	+	2	0	+	0	0	0	+	0	+	0	+		0	0	0	0
7	rr	0	0	0	+	+	0	0	+	0	+	0	+	+	+	0	+	0	0	+	0	+		0	0	0	0
8	rr	0	0	0	+	+	0	0	+	0	+	0	0	0	+	+	0	+	+	0	+	0		0	0	0	0
9	rr	0	0	0	+	+	0	0	+	+	0	3	0	0	+	0	+	0	+	0	0	+	Cob+	0	0	0	0
10	rr	0	0	0	+	+	0	+	0	+	0	0	0	0	+	0	0	0	0	+	+	0		0	0	0	6
												1	1													-	



#### 2<sup>nd</sup> reaction

- 10 days later
- 3 units ordered
- Severe reaction at end of 1<sup>st</sup> unit
  - Temperature rose to 38°C (from 36.6°C)
  - Respiratory rate rose to 20 breaths per min (from 14)
  - Feverish, rigors and chest pain
  - Haemoglobinuria



## Investigation

- Anti-E only found by IAT
- Eluate negative
- DAT = C3d 3+ positive
- Another case of hyperhemolysis syndrome?
- Samples sent to RCI, Colindale & IBGRL
- RCI reported additional cold antibody with undetermined specificity detected by polybrene technique
- ? high thermal range
- Recommended that future transfusions should be genotype compatible and given through a blood warmer



