Basics of Transplantation Medicine

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Organ Transplantation

- Treatment for end stage organ diseases
 Heart, lungs, liver, kidney, pancreas, bowel
- Improves quality of life for organ recipients

Economic benefit when compared with long term treatment

Historical overview

Prior to World War II

Improvements in surgical techniques had made transplantation possible- Rejection was insuperable.



Historical overview

- 1954 Boston; Joseph Murray, John Merrill & Hartwell Harrison performed the first successful live human kidney transplant, between identical twins and with long-term survival
- 1960 UK's first live human kidney transplant by Sir Michael Woodruff
- 1962 Boston; Joe Murray and Roy Calne performed the first successful deceased donor kidney transplant
- 1965 The world's first transplant unit was established in Edinburgh
- 1965 Terasaki's group, in the USA proposed leucocyte HLA antigen matching as tests for donor recipient selection
- 1967 First liver and heart transplants by Thomas Starzl & Christian Barnard
- 1978 Cyclosporine was first introduced as immunosuppressant by Sir Roy
 Calne

Transplants are generally "foreign"

Autografts - skin grafts from one site to another on the same individual

Isografts or syngeneic transplants - between monozygotic twins

Allograft or allogeneic transplants - between two genetically distinct individuals

Xenografts (foreign) - grafts obtained from a different species from the recipient

Donor types

Donation after Brain Death (DBD): Cerebral injury followed by herniation of brain stem

Donation after Circulatory Arrest (DCD): Futile medical treatment and withdrawal of support

Living donors (LD):

Relatives, spouses, friends, altruistic donors

Organ Donation Preservation Transplantation Process



Organ transplantation immunological vs non immunological factors



Advancing Transplantation: New Questions, New Possibilities in kidney and Liver Transplantation Jonas Wadström et al., Transplantation 2017 Feb;101

Impact of immunological factors on graft survival

Immune rejection of transplants

• Hyperacute rejection

• Acute rejection

• Chronic rejection

Hyperacute graft rejection

- Pre-existing antibodies against blood group & HLA antigens expressed on the graft lead to rapid organ rejection
- ABO antigens are expressed on all tissues including vascular endothelial cells
- HLA class I molecules are expressed on all cells
- Occurs in minutes and is complement dependent

Hyperacute rejection Pre-existing antibodies bind to donor ABO antigens

Inflammatory response elicits from pre existing Abs in the recipient that bind to donor ABO antigens causing occlusion of blood vessels



Figure 12-14 The Immune System, 2/e (© Garland Science 2005)

Hyperacute graft rejection

- Hyperacute rejection leads to graft loss within minutes
- ABO-matching and 'cross-matching' donor and recipient can prevent hyperacute rejection
- Cross-matching determines whether the recipient has pre-existing antibodies against donor leukocytes

Acute rejection

Acute skin graft rejection mediated by T cells



Figure 13-35 part 1 of 2 Immunobiology, 6/e. (© Garland Science 2005)

Acute rejection of graft with HLA mismatch

- Alloreactive T cells cause rejection
- Inflamed Graft
 - swollen
 - necrosis
 - Pathology develops over days
- Therapautic options
 - Immunosupressive regime aims to reduce T cell activation



Figure 12-17 The Immune System, 2/e (© Garland Science 2005)

Acute rejection Direct pathway of allorecognition



Figure 12-18 The Immune System, 2/e (© Garland Science 2005)

Donor dendritic cells are recognised by recipient T cells

Acute rejection

- Recipient T cell recognition of donor DCs
- T cells activation upon recognition of allogeneic HLA class I or class II (direct allorecognistion)

• Effector CD8 T cells proliferation

 Effector T_H1 cells activate macrophages to produce inflammatory cytokines (IL-1, IL-6, TNFa)



Figure 12-19 The Immune System, 2/e (© Garland Scien

Acute rejection Direct & Indirect allorecognition of HLA antigens



Indirect

Graft derived proteins are taken up and processed by the recipient DC and are presented by self (recipient) MHC class I or II molecules.

Figure 12-19 The Immune System, 2/e (© Garland Science 2005)

Non immunological triggers for organ failure and graft dysfunction

Challenges in solid organ transplantation immunological vs non immunological factors



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Non-immunological factors

- Donor age- Independent predictor of transplantation outcomes
- Hypothermic preservation- the period between organ procurement and graft reperfusion in the recipient; the main cause of ischaemia reperfusion injury



Non-immunological factors

- Ischaemia and reperfusion is a pathological condition characterized by an initial restriction of blood supply to an organ followed by the sub- sequent restoration of perfusion and reoxygenation.
- Limited or no oxygen delivery in the organ dysregulates metabolic activity on the cellular level
 - Tissue hypoxia
 - Endothelia activation
 - Production of reactive oxygen species
- Restoration of oxygenation promotes tissue injury and extensive inflammatory response

Non immunological triggers for graft dysfunction Ischemia and reperfusion triggers a pathological activation of the immune system



Nat Med. 2011 Nov 7; 17(11)

Chronic graft rejection

- Reflects a slow loss of graft function
- Interplay of immunological and non immunological factors
- Donor organ quality has a long term impact on the transplant
- Correlates with the presence of antibodies
- Long term impact of ischemia-reperfusion injury

Conclusions

- Organ transplantation is a life saving and life transforming treatment of end stage disease
- Transplantation outcomes depend on a range of factors related to donor, graft and recipient
- Great achievements in Transplantation Medicine the last few decades have improved allograft function for organ recipients