

### Rare donors and rare donations - how do we do it?

#### Dr Rekha Anand and Gina Howarth





- NHSBT collects nearly 1.8 million blood and platelet donations each year from 1.3 million registered donors
- In multi-ethnic Britain 4% of our blood donations come from Black and Minority Ethnic Communities
- These communities are more susceptible to conditions that need multiple transfusions







# **Definitions of Rare Blood**

- G.Daniels: Any factor having an incidence of 1% or less in a given population (*Human Blood Groups*)
- American Red Cross: A red cell phenotype that occurs at a frequency of 1:1000 or less
- Lacking common, clinically significant antigens
- Antigen is often linked to ethnicity



### What are the options?

- Depends on the patient's condition
- When is the transfusion required; planned, semi-urgent or emergency?





## Meeting demand

- Phenotyped stocks
- Screening general stocks
- Special Call-ups
- National Frozen Blood Bank
- Small pool of rare donors, e.g.
- Bombay = 4
- Inb Neg = 1
- -D-/-D- = 1
- Most common requests: U Neg, Jkb Neg, Fya Neg, S Neg; also Bombay



# Planned transfusions – surgery, pregnancy

- Correct anaemia well in advance
- Liaise with surgeon, obstetrician and/or anaesthetist so that good haemostasis and monitoring of haemostasis can be assured
- Autologous transfusion? Cell-salvage? Predeposit?
- Thawed blood from the National Frozen Blood Bank?
- Call 'rare blood' donors or relatives with compatible blood?



### Special donor call-ups



- Written procedure, initiated on average once or twice a month
- Each call-up might involve between 1 and 18 or more donors
- Contact donors, identify suitable sessions and alert staff in Collections, Manufacturing and Hospital Services
- Communication and teamwork is essential; logistics can be a challenge; donors are amazing!



### Semi-urgent (hours, few days)

- Liaise with the surgeon, obstetrician, haematologist, and/or anaesthetist
- If necessary, organise the reconstitution of frozen red cells
- Call in potentially compatible donors
- Make an informed decision to give 'best matched' if no compatible blood is available



### **Emergency transfusion**

- Give the best possible match
- The hazards of delaying transfusion are often far greater than any untoward effects caused by giving 'best matched' blood, with or without IVIG
- Giving ABO compatible blood could save a life!
- Reactions due to other incompatibilities are usually delayed and can be treated



### If there is a red cell antibody specificity, must you find compatible blood?

• This is not always necessary

 But, if it is well documented that the antibody reduces red cell survival significantly, <u>YES!</u>



#### National Frozen Blood Bank

- Freeze and store donations in Liverpool centre
- Stock of over 850 donations
- Cells are processed into glycerol prior to freezing at -80oC
- May be stored for up to 30 years
- Cells are thawed and washed to remove the glycerol before issue



#### Frozen storage







#### Deglycerolisation – removal of glycerol





#### Frozen stock

CDE/CDE	K+k-	Co(a-b+)	1-	Lu(a-b-)
(RzRz)				
Cde/Cde	KL-	Do(a-b+)	In(a+b-)	AnWj-
(r'r')	(McLeod)			
cdE/cdE	Ко	Do(a+b-)	Jk(a-b-)	P1k
(r"r")				
-D-/-D-	Kmod	Fy(a-b-)	Jra-	рр
hrB-	Kp(a+b-)	Ge:-2	Lan-	Vel-
		(Yus type)		
hrS-	Js(a+b-)	Gya-	Lu(a+b-)	Yt(a-b+)



### **Blood sources**

- Importing from other UK Centres
- Using the International Panel of Rare Donors (IBGRL) - >8000 donors from 27 countries
- Test family (siblings are likely to be 1:4 identical for the rarity)



### The International Rare Donor Panel

- Disadvantages:
- It takes time
- The panel may not be up to date; many donors have withdrawn or are untraceable



#### Resources needed

- An advanced serologic laboratory-IBGRL
- Close contact with scientists working in other countries
- One data base showing where the rare blood is available
- Trained staff



## **FUTURE!**

- There will be continued need for this service
- More countries are developing their blood service identification of more problems
- Need for rare units to be supplied on international basis
- Global village! Diseases once tropical seen in western countries



### Donor programmes

- Targeting ethnic minority donors
- Molecular testing of donors
- High through put methods for determining multiple blood group genotypes
- Automated technology will make it possible to have a vast data base of genotyped donors



### Looking much further!

 Possibility of culturing therapeutic quantities of erythroid cells from patient or matched donor

Availability of Hb solutions



# BACK to the PRESENT

- International donor panel has to be retained
- National rare donor registers
- Need for new rare donors
- Studies of families
- Honour and appreciate rare blood donor

